



Title of the study: The Use of Apps by Dietitians

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Invitation to Participate: You are invited to participate in this research study about the use of apps by Registered Dietitians. This work is in collaboration with the College of Dietitians of Alberta who have agreed to send the survey to their mailing list.

Purpose of the Study: From this research we wish to learn if Dietitians are using apps to support practice. In addition, we are hoping to identify any perceived benefits and/or barriers to using apps as part of dietetic practice.

Participation: If you wish to participate in this study, please complete the attached survey. The survey should take you approximately 10-15 minutes to complete. You do not have to answer any questions that you do not want to answer. Once you have completed the survey, please choose the Submit button to record your responses. All survey responses will be collected anonymously into the RedCap electronic data capture system.

https://redcap.link/app_use_by_RDs

The survey link will stay active until **February 28, 2023**. A general reminder to all potential contacts will be sent one week before the close of the survey, a second general reminder will be sent the day before the close of the survey.

Benefits: There are no direct benefits to you from participating in the survey.

Risks: There are no risks to you from participating in the survey.

Confidentiality and Anonymity: The information that you will share will remain strictly confidential and will be used solely for the purposes of this research. The only people who will have access to the



research data are the investigators listed above. Your answers to open-ended questions may be used verbatim in presentations and publications but neither you (nor your organization) will be identified. Results will be published in pooled (aggregate) format. Anonymity is guaranteed since you are not being asked to provide your name or any personal information.

Data Storage: Electronic copies of the survey will be encrypted and stored on a password protected computer in the department of Nutrition Services in AHS.

Voluntary Participation: You are under no obligation to participate and if you choose to participate, you may refuse to answer questions that you do not want to answer. Should you choose to withdraw midway through the electronic survey simply close the link and no responses will be included. Given the anonymous nature of the survey, once you have submitted your responses it will no longer be possible to withdraw them from the study.

Information about the Study Results: Research Findings will be presented at the NUTR 450 Student poster symposium. In addition, Nutrition Services Research Leads can be contacted for the summarized findings of the study.

Contact Information: If you have any questions or require more information about the study itself, you may contact the Investigators at the numbers mentioned herein.

The plan for this study has been reviewed by a Research Ethics Board at the University of Alberta. If you have any questions regarding your rights as a research participant or how the research is being conducted you may contact the Research Ethics Office at 780-492-2615.

Please keep this form for your records. Please keep a copy of this form for your records.

Completion and submission of the survey means your consent to participate.